



ArrowYoga brings affordable yoga lessons to all people of Arrowtown and surrounding. All levels are welcome. We teach Vinyasa Flow, Dynamic Hatha and Slow & Steady. All classes are 60 minutes and cost \$10 per person. We can provide a mat. Please wear comfortable clothes and bring an extra layer during the Winter months. Please call us for a class schedule or email [arrowyoga@gmail.com](mailto:arrowyoga@gmail.com)

## Details

- Email: [arrowyoga@gmail.com](mailto:arrowyoga@gmail.com)
- Phone: 021 265 8266
- Address: Community Hall, Holiday Park, 12 Centennial Avenue (next to the tennis courts)  
Arrowtown