

# New Zealanders Living With

Every day, 90 New Zealanders sustain a brain injury. Brain injuries are more common than you think, and can happen to anyone at anytime. Sudden knocks to the head through falls, sporting injuries and car crashes can all result in a brain injury. In fact, if you have ever suffered a concussion, no matter how mild, then you have sustained a brain injury.

## Details

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[www.brain-injury.nz/](http://www.brain-injury.nz/)