

QLDC Groups

Counsellor and Gestalt Therapist, Elizabeth Denton



I work as a counsellor and gestalt therapist with individuals and couples. Most people benefit from therapy at certain times in their lives. This is normally signalled by anxiety or depression, or by that 'lost' sense that many of us fall victim to, when life loses its colour and vitality. Please see my website for my credentials and more about the way I work. Liz

Details

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